

# RAINBOWS Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Extended Care 7:00-8:30				
Breakfast 8:30-9:00				
Circle 9:00-9:30	Circle 9:00-9:30	Circle 9:00-9:20	Circle 9:00-9:30	Circle 9:00-9:30
Dress for Swimming/Quiet Play 9:30-10:00	Table & Explore Time 9:30-10:15	Dress for Swimming/Quiet Play 9:20-9:45	Table & Explore Time 9:30-10:15	Dress for Swimming/Quiet Play 9:30-10:00
Swim Lessons 10:00-10:45	Out & About Walk 10:15-11:15	Free Swim 9:45-10:30	Out & About Walk 10:15-11:15	Swim Lessons 10:00-10:45
Dress & Free Play 10:45-11:15		Dress & Free Play 10:30-11:15		Dress & Free Play 10:45-11:15
Indoor/Outdoor Exploring Time 11:15-12:00	Indoor/Outdoor Exploring Time 11:15-12:00	Indoor/Outdoor Exploring Time 11:15-12:00	Indoor/Outdoor Exploring Time 11:15-12:00	Indoor/Outdoor Exploring Time 11:15-12:00
Lunch 12:00-12:30	Lunch 12:00-12:30	Lunch 12:00-12:30	Lunch 12:00-12:30	Lunch 12:00-12:30
Rest Time 12:30-2:30	Rest 12:30-2:30	Rest Time 12:30-2:30	Rest 12:30-2:30	Rest Time 12:30-2:30
Up, Shoes On, Bathroom/Out In Time 2:30-3:00	Up, Shoes On, Bathroom/Out In Time 2:30-3:00	Up, Shoes On, Bathroom/Out In Time 2:30-3:00	Up, Shoes On, Bathroom/Out In Time 2:30-3:00	Up, Shoes On, Bathroom/Out In Time 2:30-3:00
Snack 2:30-3:00	Snack 3:00-3:30	Snack 3:00-3:30	Snack 3:00-3:30	Snack 3:00-3:30
Zumba 3:00-3:30	Activity Time 3:30-4:00	Activity Time 3:30-4:00	Activity Time 3:30-4:00	Activity Time 3:30-4:00
Activity Time 3:30-4:00				
Extended Care 4:00-6:00				